

Amber Glades residents collect food and cash donations every Saturday and deliver to local food banks! (Pictured are Liz Johnson and Jackie & George LaFountain)

Monthly Mania Winner! \$100 • Janice Scott Tetrault Heller's Mobile Home Washing Delivered Door-to-Door by Community Residents FREE Every Month

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OFFICE TEAM Ryan Osburn, Community Manager, Chrissy Brush, Tracye Curran, Kristi Goodrich

Social Activities AMERICANA COVE ASSN. (ACA) LEADERSHIP

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BOOK CLUB	Jill Moe
BRIDGE	Don Delzell
BUDDHISM	John Howell
CANADA NIGHT	Daisy Dean
CRAFTERS CLUB	Marge Shearer
CRIBBAGE	Donna Tanner
CUE CLUB	Ray Larkin
DIVAS RHS	Marilyn Waltz
DOMINOES	Anita Lambert
GARDEN CLUB	Mary Lou Pribesh
HELPING HANDS	Čarol Shepard
HOBBY SHOP	

OLD TIMERS YOUNG AT HEART

Kathy Laramee, President Carol Fischetti, Vice President Janet Larson, Secretary Gail Jones, Treasurer

LAND EXERCISE	Daisy Dean
LIBRARY	Jill And Greg Moe
LINE DANCING	Judy Daigle
LIVE MUSIC	Claire Mosakowski
PAR SEEKERS	
PINOCHLE	Anita Lambert
PO KE NO	Nancy Hubartt
RUG BRAIDING	Carol Deatherage
SHUFFLEBOARD CLUB	Greg Moe
SWIM EXERCISE	Nancy Olson
VESPERS	
	Paul Line
WELCOME COMMITTEE	



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AMERICANA COVE FORECASTER JULY, 2020 D





AMERICANA COVE FORECASTER JULY, 2020 D

President's Message

By Ginny Marcott

hen I moved to FL 25 years ago, my 3 important items were shorts, tank tops and flip flops. Now they are masks, hand sanitizer and social distancing. The term "we've come a long way baby" has certainly changed through the last 3 months.

The Board has had to make some critical decisions, but everything we have done has been through a board of 9 people with 9 different points of view. I want to not only thank the Board but also Ryan, the park workers and mostly the residents. Thank you for your patience and understanding as we've made decisions that not everyone agreed on. We spent many hours at meetings making 9 opinions turn into one solution. No one has ever been through this and hopefully we never will again but I feel the decisions we made were for the betterment of everyone in the park.

We have listened to our President, Governor, Mayor and the CDC for guidance but used our hearts on the decisions. Not everyone agreed but THANK YOU from the bottom of my heart for having faith in us. We have a strong community here and have been safe thru all of it.

We have all made adjustments to our lives and it has made us stronger than we ever were. Thank you all again for your kind words and even some not so kind words regarding our decisions. Those words of encouragement took away the sting from the people who felt they were inconvenienced. A great way for your words to be heard in a positive way is to serve on the board. For now we are enjoying our BEAUTIFUL park, all of our amenities and our wonderful neighbors.

Again Thank you for being who you are and accepting us for what we did.

ACA News By Ron Miller

It's July and I'm still at the Cove. Not knowing just what is going on up North, my wife and I are go-ing to stay the summer feeling it's safer here than there. I'm hoping some part of normal will take place in July, just hope the board will open the Cove back up?

ACA has got to OK to have a 4 July party at the clubhouse from 3-6 pm This for everyone in the park. Hot dogs, burgers and different salads will be served. I also plan on have a DJ if I can find one. Beer wine, water, and soda will be served. ALL WILL BE FREE ! The Cove has not had, 4 July party in a long time, but times are changing. You will only be able to seat four people at a table, dancing can also take place. It should be over in time to make any of the fireworks shows around the area. This is a start to getting back to somewhat norm. I will keep a Burger Burn for later in July, If everyone wants. Let's wait and see how the 4th turns out! Let's hope things get back to normal, lets hope nobody gets sick.





Welcome New Residents

By Mary Ann Meljac & Cindy Rodriguez

Kathy & Thomas Wichmann (MN) 115 Americana Ct. New Home

Richie Comfort & Marie Rutigliano (NY) 6850 Mt. Orange Dr. Previous: Gamache

Michael & Janna Bunker (WA) 7001 Mt. Bristol Rd. Previous: Whitlock

William & Nancy Roberts (MI) 7049 Mt. Essex Dr. Previous: Stewart



Sunshine Report for July 2020

By Nancy Hubartt

Deaths – With Sympathy

Rachel Stewart Jane Sockrider

July Birthdays

01 Eleanor Gumm 02 Nina Larsen 02 Jeff Prusak 03 Eleanor Burrell 03 Vera Cole 04 Mary Ann Stanley 04 Catherine Dollinger 04 Ed Burnett 06 Mel Fisher 06 Phyllis Conlisk 06 Connie Panach 07 Pat Bentley **08** Barbara Burton 08 Maria Cianca 11 Marciana Assue 11 Debbie Howland



- 13 Robert Ardell
 13 Chuck Horner
 13 Mary Marcil
 14 Richard Lord
 15 Maria Pereira
 16 Barbara Higgins
 16 Mary Ann Meljac
 16 Ron Miller
 17 Leonard Schmitz
 17 Barbara Bielawski
 18 Richard Bielawski
 21 Linda Lou Fairbanks
 21 June Pruzak
 21 Peggy Turk
 22 Betty Stanford
- 22 Carol Nemeth

- 23 Barb Burnard
- 25 Cathie Lynch
- 26 Ed Imbrogulio
- 26 Sheryle Moher
- 26 Diane McVicar
- 27 Randy Rogers
- 28 Marsha Gray
- 28 Sueann Tomayko
- 29 Paul Cook
- 29 Karen Howland
- 30 Philip Joseph
- 31 Marie Costanzo
- 31 Nita Lambert







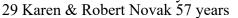






July Anniversaries

01 Judy & Chris Whiteford 48 years 01 Rita & Gilbert Begin 48 years 01 Cindy & Ray Rodriguez 50 years 06 Nancy & Bill Cosner 20 Years 06 Liz & Ron Klassen 51 years 08 Gloria Jean & Normand Lacasse 33 years 09 Nancy & Chuck Horner 32 years 14 Andrea & Robert Wetmore 51 years 14 Kathy & David Laramee 30 years 15 Glenda & Ralph Laidlaw 59 years 16 Linda & Paul Cook 44 years 26 Nancy & Mark Olson 45 years 29 Linda & Tom Dolka 42 years 29 Karen & Robert Novak 57 years 26 Nancy & Mark Olson 45 years 29 Linda & Tom Dolka 42 years



Announcements

By Ray Rodriguez – Editor

Revised Guidelines as of June 12, 2020



s of June 12 we have a revised set of guidelines based on the current Governmental Requirements listed below.

- All residents use the recreation areas at their own risk.
- Social distancing of 6 feet is required.
- The Association cannot guarantee that the premises are COVID-19 free, or free from any particular virus or other substance that may cause illness.
- No resident that is ill may use the Atrium, Clubhouse, Billiard Room, Fitness Center, Pool, Shuffleboard courts.

Atrium Restrictions

- Access to the Atrium will be for residents only. No guests will be permitted.
- The Atrium will be monitored periodically, at the direction of the Manager.
- Additional restrictions will apply to the Fitness Center and Billiard Room. See the notices posted in those areas for further information.



APPY ANNIVE

Clubhouse Restrictions

- Access to the Clubhouse will be for residents only. No guests will be permitted.
- The Clubhouse will be monitored periodically, at the direction of the Manager.
- Any group events with more than 25 residents attending must be approved in advance by management.

Billiard Room Restrictions

- Access to the Billiard Room will be for residents only. No guests will be permitted.
- The Billiard Room will be monitored periodically, at the direction of the Manager.
- No more than ten (10) resident may use the Billiard Room at a time.
- Only two tables may be used at a time. The other two tables will remain covered.
- Residents must limit their time to sixty (60) minutes, if others are waiting to use the facility.

Fitness Center Restrictions

- Access to the Fitness Center will be for residents only. No guests will be permitted.
- The Fitness Center will be monitored periodically, at the direction of the Manager.
- No more than three (3) resident may use the fitness center at a time.
- Residents must limit their Fitness Center time to forty-five (45) minutes, if others are waiting to use the facility.

Pool Restrictions

- Pool access will be for residents only. No guests will be permitted.
- Effective June 12th the pool will be open during the following hours:
- Daily from 8:00 AM 10:00 PM
- Lap Swimmers Only: Daily from 8:00 9:00
- Pool Exercise Class Only: Monday Saturday from 9:15 10:20
- In order to promote social distancing, the pool exercise class will be limited to 20 participants.
- General Swimming & Exercise: Daily from 10:30 AM 10:00 PM
- The pool will be monitored periodically, at the direction of the Manager.
- Residents must limit their pool time to sixty (60) minutes, if others are waiting to swim.
- No floats, noodles, etc. will be available for use. You may bring your own if you wish.
- A maximum of 25 residents at a time will be permitted to use the pool area.
- All residents entering the pool area must wear a mask. Wearing the mask in the pool itself will be optional, but encouraged (if not swimming laps).

Shuffeboard Restrictions

- Access to the shuffleboard courts and equipment will be for residents only. No guests will be permitted.
- The shuffleboard area will be monitored periodically, at the direction of the Manager.
- For general play/practice, only one resident at each end of the courts will be permitted (maximum of 16 people).
- Club activities will be held on Sunday afternoon (Hoss Collar) and Tuesday morning



(Social League). For doubles games, couples will be paired up as often as possible. If there are no couples opposing each other, there would be an open court on either side for the person who is not playing to social distance.

Resident Responsibilities

- Residents will sign in each time they visit the Atrium, Clubhouse, Billiard Room, Fitness Center, Pool, Shuffleboard courts on the provided sign in sheet with the understanding that they have read the restrictions/requirements and will abide by them. Residents found to have not signed in will be asked to leave the area.
- Residents will notify the business office immediately if they become ill so that other residents that used the facilities in the same time frame can be notified to self-quarantine for 14 days.
- Residents will be required to police themselves by ensuring that proper social distancing is practiced.
- Residents using this area will be required to disinfect any hard surfaces they come into contact with (chairs, tables, doors, etc.) during their visit. Cleaning supplies will be provided.
- Wearing a face covering is highly recommended for everyone.

If these requirements, restrictions, and responsibilities are not followed, any of the privileges may be closed at the Manager/Board's discretion.

Rash of thefts have occurred recently

Infortunately a rash of thefts has occurred recently in our ACA community. In the past coupled of weeks two bikes and two golf carts have been stolen. Vehicles that were left unlocked have been rummaged. A vehicle was reported stolen approximately one year ago. These incidents are totally unacceptable particularly in close-knit gated community where our neighbors are looking out for one another. Perhaps we've become so complacent and comfortable in our environment that we let our guard down.

Measures are being taken to better secure the entrance. A gate similar to the entrance gate will be added to the exit lane along with enhanced cameras. Hopefully we'll see these installed soon but due to the COVID-19 I was told that permitting by city hall has delayed a number of projects. Aside from these changes, other enhancements need to take place at the entrance and the perimeter of our residence.

Additional security measures are being explored to secure these areas. The Board of Directors and Management will keep us updated possibly at the next town hall or VOLO messaging.

In the meantime residents can take their own measures secure their property. First of all please do not leave you keys in your golf card, your vehicle, your shed, lock you bikes, lock your home when you away, don't make it easy for the thieves. In your home you could use timers on lamps coming on at different times to give the appearance that your home. Let

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Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2012 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with AirBags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.





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* 26

neighbors know when you away. There are many inexpensive security cameras linked to an app on you phone or tablet, I have Ring for my home.

If you experience a theft please report it to the office, let your neighbors know, post it on the club house bulletin board and post it on social media, that's how the stolen golf cart was recovered.

Be vigilant protect whats yours.

Something to Consider

By Bart Beal

What about grace and forgiveness; does it not ex-ist?



The truth is that we are human and we make choices and mistakes that hurt other people. And we are all sinners. That is, we fall short of the godliness that God desires. After all, that's why we need a

Savior that extends forgiveness and grace to us even though we continue to disappoint Him. So, why can't we extend that same grace and forgiveness to others? Why can't we except that other people, even those that love us the most, will hurt us at times? We must if we want any peace and unity in this world. We must learn to see people the way God sees them - as uniquely created in His image and deeply loved. He sees no color, age, political view, or social status. We must learn to see people through His eyes and extend grace and forgiveness instead of hate, blame and criticism.

How do we do this? We can't do it on our own! We can make some improvement on our own through learning and discipline, and mellow over time, but lasting change of the heart, which is where the change needs to happen, only comes by allowing God to change us from the inside out. Are you the same person you have always been in your heart? Have you grown in your love and forgiveness, and extending grace to others? It's a lifelong journey and we will never reach perfection because "we are all sinners and fall short of the glory of God", myself very much included, but the path is available to everyone, and it's a wonderful journey with a glorious ending.

A Complete Listing of Resident Services can be found on the page before your calendar

Crafters Club By Debbie Lewison

i Crafters! Hope everyone is staying safe. We are still looking forward to the fall and have high hopes the pandemic calms down. As you see interesting things for us to make, be sure to keep them in mind for the upcoming season.

If you haven't joined the Americana Cove Crafters group yet, I hope you will consider doing so.

This is a good place to keep in touch with other Crafters and also a place to share some fun crafting projects and ideas.

Many crafters at Americana Cove made and donated masks to the community! The crafters donated the fabric and members participated in making masks for both the community as well as Publix. They donated about 82



masks to Publix. Pictured are Mary Ann Foley and Susan Galligan who dropped the masks at Publix.

We hope you all make some Fourth of July crafts and have a great summer..... See you in the fall!

Your crafty friends...Cathy, Judy and Debbie.

Boat Club

By Mary Ann Meljac

The Boat Club has suspended its July and August monthly meetings. The next meeting is scheduled for Saturday, September 12th at 10:00 A.M. in the Atrium. Pat Ley will continue to update you on the full moon kayaking events. July 5th, August 3rd, and September 2nd are the next full moon dates. Mark your calendars and keep an eye posted for Pat's email/text. Of course, we are always at the mercy of the weather Gods.

A special shout out and thanks to Ray and Cindy Rodriguez and Ted Meljac for installing rope lighting around the Tiki Hut at the pool. The bar top will be sanded and refinished and the chairs will be power washed in preparation for the next Boat Club Tiki Hut party! All updates will be pushed out to members via email and/or phone text. Please contact Nomi Lynch (561-714-9956) or nlynch03@yahoo.com to update your contact information so you don't miss out on any updates.

Here are some Boating Safety Tips courtesy of Nationwide...

You can't always predict an emergency, so be prepared for any situation. Here are some essential items to keep on board no matter the size of your boat ...

- Flashlight and extra batteries
- Duct Tape (temporary bandage for a leak)
- Bucket
- First Aid Kit



The average temperature in July just about everywhere in the United States is above 70°F?

It would only take one hour to drive to space?

Children of identical twins are genetically siblings, not cousins.

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	707 474 0000
AMS Advanced MH Systems	/2/-4/1-0820
ASC Aluminum Specialty Contr	121-541-8300
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Sunday	Monday	Т
S M T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		
5 Hoss Collar 1pm	6 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	Land Lap S Pool A Prog. Social 10:30
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uesday	Wednesday	Thursday	Friday	Saturday
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				Independence Day
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Always check the weather beforehand. Don't overload the boat with people or equipment. Check for harmful fumes. Use common

sense on the water. Follow proper anchoring procedures. Follow proper docking procedures. Take a boating safety course. Get your boat checked by the U.S. Coast Guard Auxiliary or the U.S. Power Squadrons offer free vessel safety checks at no charge.

Enjoy and have a safe and happy boating summer!

Book Club

By Jill Moe

f anyone is interested in Book Chat during the summer, please contact me for details.

Be sure to leave a message so I can call you back (603-898-4614).

With all hopes, the Book Club will meet in October. As always, we meet the second Thursday of the month (unless change noted) at 1:30 in the Library.

Below is a list of great books to be discussed. Feel free to stop in even if you haven't finished the book.

BOOK CLUB DATES - Thursday - 1:30 PM - Library November 12 December 10 - January 21 - February 18 - March 11 - April 8

> BOOKS BEING READ & DISCUSSED Educated by Tar Westover Twisted Twenty Six by Janet Evanovich The Family Upstairs by Lisa Jewell The Red Address Book by Sofia Lindbergh The Switch by Sandra Brown Radium Girls by Kate Moore



Buddhism

By John Howell

reetings

Once again we offer our support and thanks to the Park and management, for doing their best to keep us all safe from the Covid -19 pandemic. Kudos!

<u>Buddhism 1pm Thursdays in the game room</u>, is up and running with all the proper guidelines being fol-lowed. Please help everyone with Metta: (LOVE).

This "novel crisis" once again brings forth insightful Wisdom the Buddha obtained as he arose from deep meditative equipoise under the Bodhi tree 2600 years ago, on his night of Enlightenment: (i.e. Awakening to "Light"). To quote the great Thai Master Ajahn Chah; "Where is the Buddha? The Buddha is in the Dharma. Where is the Dharma? The Dharma is in the Buddha: Right here, Right Now!" So, the Buddha =The Dharma (Truth) The Truth=our Ultimate (En-lightened) Nature: "Buddha Nature"

One of the Buddha's most celebrated discourses was when he gathered his community of followers; (Sangha) to observe a flower he deftly held up in his hand. And then without saying a word he immediately exited the meditation hall leaving them in awe... experiencing a resounding silence!

Instantly awakened were some who "got it"...because they realized from the Buddhist P.O.V. we are all Buddha's! Unfortunately we have just forgotten our true state; "an omniscient non-dual resonate radiant awareness". This is what the Buddha "re-discovered" long ago and far away in Bodh Gaya,Bihar India. Christ acknowledged and taught a similar understanding in St Matthews 6:22-23. KJV (as he spoke from the "higher inner esoteric" experience); "If thine eye be single (i.e. 3rd eye) thy whole body shall be full of Light"... Our focused attention is what points us (right here right now) to the recognition of this profound luminescent yet resounding silence: True Peace-Nirvana.

Why have we become so lost and bewildered? Because our precious human lives have become distracted by so many things, (24-7-365 non-stop information overload). Thus misappropriating a key feature of human consciousness... Attention. To quote (the much beloved female monk) Pema Cho-dron; "In Nepal the dogs bark all night long. Every twenty minutes or so, they all stop at once, and there is an experience of immense relief and stillness, then they start again. The 'conventional mind' can feel just like that. When we first start to meditate it's as if our thoughts never stop. Nevertheless, after awhile there are "gaps" of silence. Discursive thoughts are like wild dogs that need taming. Over and over if we can mindfully regard them with precise attention and kindness they will gradually calm down." Without focused attention, leading to concentration, leading to meditative equipoise;

Awareness (the "gateway" to enlightenment) will not bloom, leaving one forever lost in a turbulent sea, of self-created suffering. Yes, there will always be some kind of "crisis". (This not being meant in any way to minimize the tumultuous turmoil sadly plaguing humanity at this moment.) Though H.H. the 14th Dalai Lama has spoken often of the real crisis of humanity: "Attention". So please take just a moment (on one of these beautiful July mornings) to stop and enjoy the sight and scent of a fresh flow-er, blooming in the silence of this forever now moment...

Please stay Safe!

Namaste





SUB-FLOOR & FLOORING EXPERTS!

COVID-19 NOTICE:

We are taking as many precautions as we can to ensure not only our workers safety but yours as well. We are checking employee temperatures daily, limiting contact between crews, and offering no customer contact if you choose. We are an "Essential Business" and here for you when you need us.



Land Exercise - Walk off the Pounds

By Daisy Dean

I from Canada, Very happy to announce clubhouse is open & Walking Class has resumed, Thank You to the ladies that stepped up to the plate to keep it going through the summer months.

Classes will start at 8:15 A.M Monday through Friday in the Library area & please keep in mind all Walkers must be 6 ft. apart. We all must practice safe socializing at these trying times. Be Safe & Stay Healthy.

Library

By Jill Moe

Mericana Cove Library home-service volunteers, Jude Whiteford, Normi Lynch, Maureen Saint-Guillen, and Greg & I, want to thank everyone for their patience and co-operation during our lockdown. We sincerely hope we had a little part in helping to keep your sanity. Personally, I want to say "thank you" to Ryan and the Board of Directors for allowing us to bring some relief to the residents with books, puzzles, and movies. Thank you also to the gatekeepers for being willing to unlock the Clubhouse doors allowing us to make requested deliveries.



Our routine may change as the Clubhouse starts to become active again. If there is anyone still uncomfortable with going to the Library, please feel free to contact any of us and we will gladly bring you something read, watch, or put together as well as pick it up when you are done.

Live Music

By Libby Hopkins

T Tello Everyone!

Live Music is wishing everyone a happy and healthy July!!

Please note: <u>We'll be changing our schedule to</u> the 2nd and 4th Tuesdays of each month beginning in October 2020– Watch for our announcements in the Fall!!!



For those of you who are not familiar with us, we are a music group within the park that usually put on a performance twice a month on Tuesday from 3:00 p.m. to 4:00 p.m. in the Clubhouse from October through April. We work hard to provide an entertaining, fun hour, and we provide snacks, drinks, and sometimes, spiked punch!

Enjoy your summer and stay safe!! We miss you all, and look forward to being back together in October!

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Shuffleboard Club

By Greg Moe

am happy to say that the Shuffleboard courts are now open. Hoss Collar, Sunday at 1:00 PM, and Social League, Tuesday at 10:30 AM, has resumed playing again. Strict Rules and Guidelines have been put into place by the Manager and Board of Directors and must be followed for us to continue. They are posted in three places by the courts, in the bulletin board, on the cabinet in the shed, and on the shed window. Please make sure you read and follow these Rules and Guidelines. Here is a brief summary of what the Rules and

Guidelines are:

- Follow all CDC requirements.
- Residents Only, no guests.
- Social distancing 6 feet required, residents are to police themselves.
- Maximum of 16 people at one time in court area.
- Use every other court.
- Must sign in on sheet provided.
- Disinfect any hard surfaces you come in contact with, benches, disks, markers, doors, etc. Cleaning supplies will be provided.
- If you are get sick, notify office immediately.

We have had a few new people join us since they have opened up the courts and would like to extend the invitation to more residents. It is okay if you have never shuffled before or haven't shuffled in a long time, there are many of us there who would love to help you learn or show you how to just have fun.

Swim Exercise

By Nancy Olson

If i everyone! What challenging and different times we are in! The swim exercise group is back with a new schedule and it's working very well! We have a lot of new swimmers; a HUGE welcome to all! A few reminders as we progress through the summer:

NEW HOURS: 9:15 announcements. Immediately following announcements class will start. Lap swimming is done at 9 so please come a little early to get in the water and warm up and be ready to start class!

20 swimmers each day in class and social distancing MUST be followed. If you cannot be at class you are responsible for getting a sub. Class lists with phone numbers have been handed out in class and you can also use the Cove directory to locate a phone number.

Face masks MUST be worn whenever you are NOT in the water.

Maureen has worked up a tape schedule so you won't be doing the same tapes each day you come to class (thanks Maureen!).

Check our group Facebook page on a daily basis for what tape you are doing and if a noodle or water weights will be used. This will also be our way of communicating if class has been cancelled. I consider this group page as our number 1 communication vehicle to all of the group.















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To our valued customers:

Our top priority is the health and safety of our employees and our customers. Our employees are closely following the Centers for Disease Control (CDC) guidelines and recommendations, like frequent hand washing, social distancing, and staying home if they are feeling ill.

We have taken steps to limit exposure to the virus by making our customers aware that there is no need to have any contact with our employees if you choose to do so. Our business falls under the state's guidelines as "Essential Business".

We want to build a great relationship with you. Call today for your Free Inspection. (800) 377-7885

Stay Safe and Continued Good Health. Underhome Armor Family



Most importantly, thanks to each and everyone of you for following all the COVID guidelines for the pool and not putting the class in jeopardy. Our group has received many accolades and recognition from the both the Board of Directors and park manager Ryan. Thanks all!

I am repeating an annual article I share every year as we enter our tropical storm/rainy season. Maureen shared the article a couple years ago and is a very good annual review on thunder/ lightning. This info came from NOAA (National Oceanic Atmospheric Administration). You should stay out of the pool for 30 minutes since seeing the last lightning/thunder strike you saw/heard. This is a general rule. Another way to tell if a thunderstorm is moving away from you is once you see lightning, start counting in seconds. If you can count to 5 seconds before you hear the thunder, it means the storm is 1 mile away from you. If 20 minutes later you see lightning and you are able to count to 15 seconds, it means the thunderstorm is now 3 miles away from you and moving away from you. Also, as a thunderstorm is moving away from you the thunder will not be as loud. SPECIAL NOTE: If class needs to be cancelled due to weather conditions it will be done by 9am and posted on the Facebook group page.

Hoping everyone is enjoying the summer! Have a safe and Happy Fourth of July!!

Ways to lower your energy bill during the summer

By Barefoot Realty Group, Brokerage Agent for Americana Cove

The summer months in Florida result in higher energy use. To reduce electric bill costs, Duke Energy and Florida Power suggest the following:

Set the A/C to 78 degrees or higher. Since the air conditioner is the largest consumer of energy, by setting the thermostat to 78 degrees or higher will save up to 10 percent on cooling costs. In fact, home owners can save approximately \$300 in costs each year. It's also important to have an annual A/C inspection and replace the filter to make sure the A/C is running efficiently.



Use ceiling fans. Fans make homeowners feel several degrees cooler without lowering the temperature. Try running it counter-clockwise during the summer as it will push more air down to the floor.

Adjust the water heater. Just by setting the water heater temperature to 120 degrees rather than 140 degrees will save an average of \$85 per year. Consider a tankless water heater as it will maximize efficiency.

Use a grill rather than the oven. Cooking outside on a grill rather than heating the oven will reduce energy costs as well. Many people enjoy cooking out during the summer, so save money while enjoying that barbecue meal.

Upgrade kitchen appliances. Energy-Star qualified dishwashers, washing machines and refrigerators can reduce energy costs from 10 to 50 percent over non-energy efficient appliances. Newer appliances will also increase the value of your home.

Weekly Calendar Repeats

AMERICANA COVE WEEKLY Calendar Repeats - Month: July 2020

Day	<u>Event</u>	Time	Location
Monday:	Walk Away the Pounds	8:15-9:00a.m.	С
U	Lap Swim & Pool Walkers	9:00a.m.	
	Pool Exercises	9:15a.m.	
Tuesday:	Walk Away the Pounds	8:15-9:00a.m.	С
	Lap Swim & Pool Walkers	9:00a.m.	
	Pool Exercises	9:15a.m.	
	Poker Pool	6:00p.m.	В
	Progressive Rummy	1:00a.m.	А
	Social Shuffleboard	10:30a.m.	
Wednesday:	Walk Away the Pounds	8:15-9:00a.m.	С
	Lap Swim & Pool Walkers	9:00a.m.	
	Pool Exercises	9:15a.m.	
	Texas Holdem	6:30p.m.	А
Thursday:	Walk Away the Pounds	8:15-9:00a.m.	С
	Lap Swim & Pool Walkers	9:00a.m.	
	Pool Exercises	9:15a.m.	
	Dominoes	1:00p.m.	А
	Buddhism Mtg	1-2:30p.m.	G
	All Cards	6:00p.m.	А
	Progressive Rummy	1:00a.m.	А
	Social Shuffleboard	10:30a.m.	А
Friday:	Walk Away the Pounds	8:15-9:00a.m.	С
	Lap Swim & Pool Walkers	9:00a.m.	
	Pool Exercises	9:15a.m.	
	Poker Pool	6:00p.m.	В
	Bingo	6:00p.m.	С
Saturday:	Walk Away the Pounds	8:15-9:00a.m.	С
	Pool Exercises	9:15a.m.	
Sunday:	Shuffleboard Hoss Collar	1:00-3:30p.m.	S
*A: Atrium C: Clubhouse L: Library	S: Shuffleboard Courts B: Billiards G: Game Room		



AMERICANA COVE FORECASTER JULY, 2020 D

AMERICANA COVE FORECASTER JULY, 2020 D

July Days

Cational Postal Workers Day, July 1. Many famous people have worked as postal employees, including presidents Abraham Lincoln, William McKinley, and Harry S. Truman, along with entertainers like Bing Crosby, Walt Disney, and Rock Hudson.

Independence Day, July 4. Celebrate the date that the 13 colonies announced their independence from Great Britain.

Bastille Day, July 14. The anniversary of storming of the Bastille, a fortress-prison in Paris, on July 14, 1789—a turning point of the French Revolution.

National Hot Dog Day, July 17. Whatever you put on your dog, enjoy one today.

International Self-Care Day, July 24. Self-care refers to activities and practices that we can engage in on a regular basis to reduce stress and maintain and enhance our short- and long-term health and well-being.



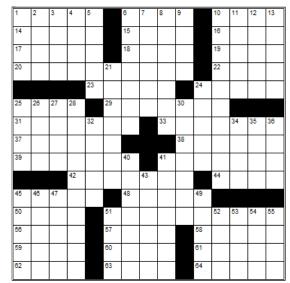






ACROSS

- 1. Chain of hills 6. Black, in poetry 10. Anagram of "Crab" 14. Negatively charged
- particle
- 15. Tardy
- 16. By mouth
- 17. Horse
- 18. "Do others..."
- 19. Rodents
- 20. Ownership
- 22. P P P P
- 23. Anagram of "Dimes"
- 24. Open grassland
- 25. Bristle
- 29. Live together
- 31. Invade in great
- numbers
- 33. Aircraft engine
- enclosure
- 37. Joyous
- 38. Elderly
- 39. Craftsperson
- 41. Distinguish
- 42. Earwax
- 44. Feudal worker
- 45. Cirrus or cumulus
- 48. Sexually assaults
- 50. Egg-shaped
- 51. Resembling snoring
- 56. Former Italian currency 8. Footstool
- 57. Melody
- 58. Close-knit group
- 59. Weight loss plan
- 60. Historical periods
- 61. Drop to one's knees
- 62. On the left or right
- 63. Marries
- 64. Rope fiber



DOWN

- 13. Highly favored
- 21. Laic
 - 24. Transgressions
 - 25. Couch
 - 26. Always
 - 27. Exam
 - 28. Eloquent 30. A medieval steel
 - helmet
 - 32. Levelled
- 10. Proficiency 34. Untruths 11. Disney mermaid
- 12. Sped 35. Forsaken

1. Coarse file

4. "Comes and

2. Within

3. Perishes

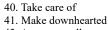
5. Ceased

6. Evasion

7. Cast out

9. A noble gas

36. Sea eagle



- 43. An unnaturally
- frenzied woman
- 45. Respiratory
- infections 46. 58 in Roman
- numerals
- 47. Rowed
- 49. Hosiery
- 51. Goulash
- 52. Hindu princess
- 53. Poems
- 54. Component of urine

July Crossword

55. Peddle





AMERICANA COVE FORECASTER JULY, 2020 D





FLORIDA ANCHOR AND BARRIER COMPANY

To our valued customers:

During the current times we wanted to let you know that we are taking as many precautions as we can to ensure not only our workers safety but yours as well. We check workers' temperatures each morning and have limited the amount of contact our crews have with each other. Our crews work in Tyvek suits with respirators which helps to ensure your safety as well as theirs.

As a company, we want your business and there is no need for any contact if you so choose. Our business is deemed an "Essential Business" and we are here for you when you need us. You can schedule your inspection by calling 1-800-681-3772.

Wishing you good health and safety, The Florida Anchor & Barrier Team



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ATTENTION RESIDENTS!

Did you know this Emporium/ Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

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Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
 Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
 No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.



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(Allow 4-6 weeks for mailing of check). This month's cash winners are:

(Anow 4-0 weeks for maining of check).	This month s cash	williers are.	
Janice Scott Tetrault \$100Helle	r's Mobile Home Washing	Alice L. Jarvis \$5	Rod Runners
Karen Knudsen \$10	Florida Anchor & Barrier	Herman Klein \$5	Doll Brothers
Paul Snellenberger \$10	Jones & Sons Plumbing	Leslie Bianchini \$5	Ron Wyngarden Mobile Home Wash
Elizabeth Rolfe \$10	Community Roofing	Robert McGrath \$5	
Donald Biller \$10 Palm Ha	arbor and Dunedin Electric	Cathy Markham \$5	Ricks Appliance Repair
Wayne Schefer \$10	E & E Gliddon	Dana Basinger \$5	Air Masters of Pinellas
Bonny DeMoranville \$10	Debbie's Cleaning	John Birk \$5	Royal Enterprise
Lois Heisdorf \$10	Clear-Vue	Cathy Berkholz \$5	BugginOut Pest Control
Lynette Collins \$10	Rod Runners	Charles Plati \$5	Doll Brothers
Bryan Grinnell \$10 Natu	ures Resource Pest Control	Mary Ann Claypool \$5	Royal Enterprise
Robert Strawn \$10	Air Masters of Pinellas	Ginger Lewis \$5	1st Class Handyman Service
Jim Ververis \$10Battleli		Bert Pattison \$5	Battleline Termite & Pest Control
Richard Bowhall \$10	Mr. Fix It	Diane Billman \$5	Jones & Sons Plumbing
Bob Perras \$10 Ron Wyng			Discount Computer
Toni Keller \$5			E & E Gliddon
Czeslawa Bizan \$5Helle			Jones & Sons Plumbing
Toni Topczij \$5	Air Masters of Pinellas		Ron Wyngarden Mobile Home Wash
Marlene Rydzewski \$5			1st Class Handyman Service
Steve Ray \$5			Discount Computer
Deborah Durham \$5			Royal Enterprise
Paul Miffit \$5 Palm Ha			Recreational Golf Cars
Gail Hoffman \$5			Battleline Termite & Pest Control
Ron Beardsley			Bob's Mobile Home Washing
Rosemarie Matteoni \$5Bo	b's Mobile Home Washing	Carol Downing \$5	Air Masters of Pinellas
			(1) 1.00 1.0 1.0 1.0

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